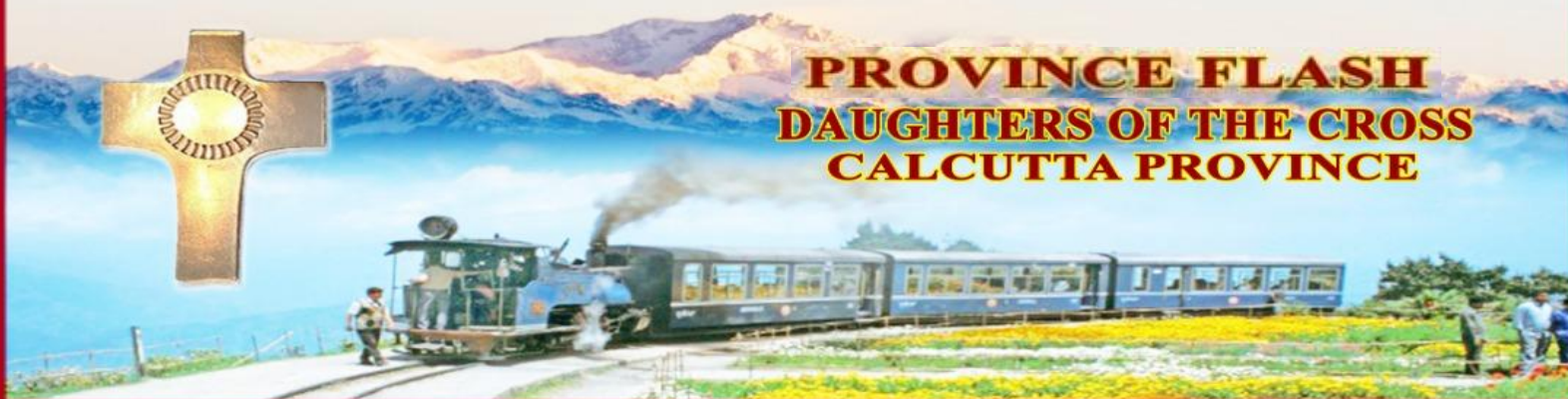




PF/2026/02

September

News Bulletin

For Private Circulation Only

Dear Sisters and Associates,

Welcome to beautiful September! Our hearts are bursting with gratitude and excitement this month. We have so much to look forward to together. The air feels full of grace, and God is inviting us into a season of deep spiritual renewal.

First, we get to celebrate three amazing feast days right in a row. On September 8th, we celebrate the birth of our Blessed Mother. This day is doubly special because it is also the 194th anniversary of our Congregation! For nearly two centuries, our community has walked in her footsteps. Mary shows us how God works quietly and gently in our lives. She reminds us that great things grow from humble beginnings, and she helps our personal faith grow every single day.

Next, on September 14th, we look to the Holy Cross. What used to be a symbol of pain and defeat is now our ultimate sign of love and victory. Life can be heavy, but this feast changes how we see our burdens. It reminds us that every small sacrifice we make matters when we give it to Jesus. Our daily struggles are never wasted. Instead, they are transformed into sources of grace for the entire world.

Right after, on September 15th, we stand with Our Lady of Sorrows. Mary teaches us how to be brave, faithful, and deeply compassionate. She did not run away from suffering; she stood firmly at the foot of the cross. Today, so many people are hurting from unfair governments, natural disasters, religious oppression, and heavy daily trials. Mary inspires us to stand close to those who suffer.

Best of all, these beautiful feast days create the perfect backdrop for a very special visit. We are overjoyed to have the fraternal visitation our Superior General! This visit is a beautiful gift for Calcutta Province. It is a holy time for us to:

Look back with thankful hearts at how far we have come together.

Look inside our communities to make our sisterly bonds even stronger.

Look forward with bright hope and a shared vision for the future.

Just like Mary, let us say a joyful "yes" to our mission.

Happy Feasts to you All!

Yours lovingly,

Sr. Catherine FC
Provincial

Happy Feast!





Final Profession at Maheshpur



Congratulations

First Profession at Kidderpore



Novitiate entry at Barasat



SILVER JUBILEE



Sr. Manju Dungdung



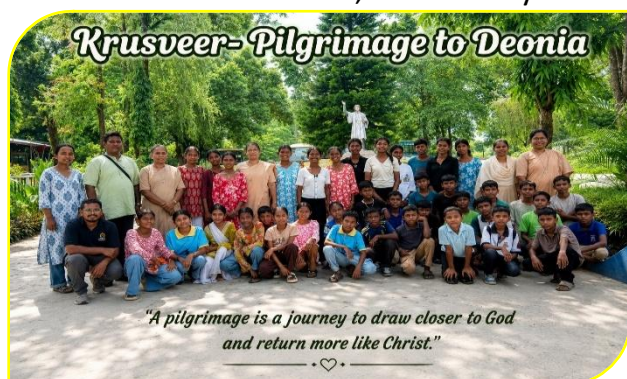
Sr. Anjeli Rita Soreng



Grace-Filled Moments

On 12th July, a historic event took place at Maheshpur Parish, Nepal, as five of our sisters; Sr. Priyanka Kullu, Sr. Mamta Bara, Sr. Muktilata Kerketta, Sr. Anita Hembrom and Sr. Rose Mary Rai made their Final Vows. Rev. Fr. Silas Bogati, Apostolic Administrator of the Vicariate of Nepal, was the main celebrant. Many priests from Darjeeling and Nepal, sisters from the province and the sisters' families joined the celebration. It was a joyful and memorable occasion, especially for the hostel girls, youth and parishioners of Maheshpur, who witnessed Final Vows for the first time.

On 11th August, the Maheshpur and Tulachan communities and the Superiors from the Tarai communities joyfully welcomed Sr. Pushpa Purathur, Superior General, Sr. Mary Lepcha, General Councillor, Sr. Catherine, Provincial, and the Councillors. Priests from Maheshpur and Deonia joined for tea. Sr. Pushpa thanked them for their cooperation and support. A solemn welcome Eucharist was celebrated, followed by lunch.



On 16th August, 35 members of the Crusveer group from Maheshpur Parish travelled by bicycle to Deonia for a one-day programme, accompanied by Sr. Embrencia Toppo, Bro. Sukesh and Fr. Dilip. They were welcomed at Prerna Niwas by our sisters with refreshments. Sr. Urmila Kisku gave a talk, followed by an action song by Sr. Maria

Goretti Kullu. After lunch, they enjoyed group sharing and games before returning joyfully at 3.30 p.m.

Sr. Virginia Kujur
Christalaya Convent, Maheshpur, Nepal

A Season of Blessings & Growth

Our community received a double blessing with the arrival of two new members, Sr. Priyanka Kullu and Sr. Monica Subba.



Sr. Regi, paid a short visit to our community along with sisters from Gayaganga.

On 13th August, we had the privilege of receiving Sr. Pushpa Purathur and Sr. Mary Lepcha for the Canonical Visitation. They were warmly welcomed according to Nepali culture. They also met our Associates.

Orientation programmes were conducted for our students by Fr. Benjamin Rai on "Modern Technology Gadgets – Uses and Abuses," along with 'mental health', 'digital life', 'education, career goals', and 'civic participation'. An awareness programme on wellness was organized for the girls.

The school observed the *World Environment Day* and *World Health Day* and conducted football and volleyball matches. The *Bal Maitri* group visited nearby villages to raise awareness about drug abuse. Students and teachers also participated in the block-level Bal Maitri Sangathan programme, including a

debate on “Child Rights.” The Bal Maitri Sangathan was reconstituted to strengthen its activities and promote greater awareness among students.

Sr. Sanjucta Kujur
St. Joseph’s Convent, Tulachan, Nepal

Moments of Grace & New Beginnings

On 6th June, we welcomed Sr. Rashmilata Beck to our community.

She attended the Touring Sisters’ Programme at the Social Forum, Guwahati.

On 7th June, we bid farewell to Sr. Gladys Tom, thanking her for her dedicated service. The parish community joined in wishing her God’s abundant blessings in her new mission.

We also bade farewell to Sr. Saly Joseph, wishing God’s blessing for her new mission in Brazil. We remain grateful for her presence and service.

On 26th June, the hostel children had a training in Kitchen Gardening and Organic Farming by the Guwahati Gana Seva Society, learning organic cultivation, environmental care, and sustainable living.

Sr. Sumita Beck accompanied the women from our parish to Don Bosco School, Sonaiguli for a one-day Seminar on Leadership and Empowerment.

On 26th July, 22 children received their First Holy Communion and 23 received the Sacrament of Confirmation. We congratulate the children and their families and pray that Jesus may always remain at the centre of their lives.

On 15th August we celebrated the feast of Assumption and the Independence Day of our Nation.

Sr. Julita Kujur
Daughters of the Cross Convent, Rangjuli

Blessed to Grow, Called to Serve

By the abundant grace and blessings of Almighty God, we are delighted to share that our school has been upgraded to Class XI, beginning with 18 students.

Another milestone was the success of our first-ever School Fete on 8th August. The generous support of our parents and the wholehearted cooperation of our students, teachers and staff made the event truly memorable.

The 80th Independence Day was celebrated with great patriotic fervour with an impressive March Past, a vibrant and colourful house-wise patriotic dance competition and charming performances by the little ones of the junior classes.

As part of our pastoral care for Catholic families, we keep Holy Hour, the Sacrament of Confession and Holy Mass for the faithful on every first Friday in our convent. We are blessed to see a good number of men, women and children participating regularly with great devotion.

In her pastoral zeal, Sr. Helen Momin prepared the children of Hatigopa Centre for the Holy Sacraments of First Communion and Confirmation.

Reaching out with compassion, our community assisted sick members of families in seeking medical treatment. Two patients were accompanied and cared for at Jesu Ashram. In addition, three deserving families were supported in purchasing new bicycles to ease their daily lives.

We joyfully welcomed Sr. Meena Barwa as a new member of the community. She is pursuing her BLLB at Goalpara Government Law College, Assam. We are immensely proud of her remarkable achievement, as she

has already been selected for the internship programme as one of eight students out of 64, based on their performance.



This year, by the grace of God, we have started our Apostolic School along with a hostel for girls. At present, we have six aspirants and two hostel girls under our care.

Sr. Helen Momin
St. Joseph's Convent, Hatigopa

Together in Joy: Highlights of Our Hostel Life

On 10th June, we bid farewell to Sr. Reshmilata Beck and welcomed Sr. Gladys to our community.

On 15th June, a singing competition was organised in the hostel. The students participated enthusiastically and showcased their talents with confidence and creativity.

On 21st June, the Class XI students were welcomed into the hostel. The event helped the new students feel comfortable and warmly received as they began their hostel life.

On 9th August, Youth Day was celebrated at Diphu Cathedral. All the Catholic girls from the hostel participated in the celebration.

The following day, 10th August, we organised a welcome programme for the B.A. First Year students. The programme created a warm and friendly atmosphere and helped the new students feel a sense of belonging in the hostel community.



To celebrate the Independence Day, various activities were organised on 15th August, including a march-past, composition writing, and poster-making competition. The students participated with great enthusiasm and displayed their creativity and patriotic spirit.

Sr. Gladys Tom
Helena Convent, Diphu

Walking Together in Faith & Mission

In June, the month dedicated to the Sacred Heart, we accompanied the Parish Priest in reaching out to families in the parish.

Keeping the theme 'the Year of Family', we let the families in our Parish to choose either Sunday or Wednesday, according to their convenience, for our visit. The families also ensure that all their members are present, making it meaningful opportunity for prayer, fellowship and strengthening our relationship with the parish community.

In order to commemorate the family year, we have involved our teachers and students to celebrate the year in variety of ways like making family tree, organizing assembly programme on family, documenting family adventures like picnic journeys and outings, Wall magazine, posters etc. The family of the students also are involved in writing and practising the mission statement of the family.



We finally initiated the Associates of the Cross beginning with 11 members. They try to visit sick, the aged and the needy, and help in many Parish works.

- Sisters also visited the sick in hospitals and attended the funeral Mass specially of Fr. Gilbert and Fr. Elias Pinto at Kalimpong.
- The school introduced Bharat Scouts and Guides for classes V & VI. Sr. Maxima Bara and a Teacher are appointed to help the movement.
- Our Parish gave farewell to Rev. Fr. Walter Crasta, our PP and welcomed new Parish Priest Fr. Sion Rai.
- We had our canonical visitation on 26th August.

Sr. Maxima Bara
Daughters of the Cross Convent,
Mamring

Grace in Mission, Excellence in Action

The Canonical visitation of Sr. Pushpa Purathur, and Sr. Mary Lepha, was a grace-filled and memorable experience. Their presence, patient listening and words of encouragement strengthened our family spirit and deepened our sense of belonging to the Congregation. The visitation renewed our commitment to our vocation and mission with greater faith, unity and dedication. Our school had the honour of hosting a Table-Tennis Tournament for the five Anglo-Indian

schools. We were proud that our St. Helen's School won the second runner-up trophy. Our students participated in the Independence Day March-Past Competition at Montivet Ground, Kurseong, displaying discipline, unity, confidence and patriotic spirit. They won third prize in the March-Past and also presented an impressive patriotic drill, which was highly appreciated.

Sr. Muktilata Kerketta
St. Helen's Convent, Kurseong

Growing, Achieving & Celebrating

The World Environment Day was observed in June through activities like; tree planting, a campus cleanliness drive and participation in a town rally and cleanliness campaign organized by Kurseong Municipality.



The Inter-House Football League, Inter-Class English Competition, Inter-House Volleyball and Football Tournaments and the Annual Sports Day were conducted in June.

On 13th July, our students secured First Position in the Inter-School Ramayan Recitation Competition held on the occasion of Bhanu Jayanti. The Inter-House Mental Maths Competition on 15th July encouraged logical thinking, accuracy and numerical skills.

Sr. Sujata Kujur
St. Joseph's Convent, Kurseong

Community Highlights...

Sr. Juli Kujur has joined us as new member of our community.



On 13th July, we celebrated Bhanu Jayanti. The entire school actively participated in the programme and the parents joined us as audience. Our Chief Guest Dr. Deepika Rai greatly inspired our students by her speech.

Due to heavy rainfall, our locality was greatly affected by dengue in July and August. Thankfully, all our community remained safe.

On 15th August, we joyfully celebrated the Feast of Our Lady, the Independence Day and Sr. Mariana's Feast Day.

Sr. Mariana conducted an eight-day Novena for the ladies. She guided them in the spirit of St. Monica, encouraging them to deepen their faith and to grow as loving and responsible mothers.

On 26th August, we were blessed to have the Canonical visitation by our Superior General Sr. Pushpa Purathur and General Councillor Sr. Mary Lepcha. Their presence was a great blessing and a source of encouragement to our entire community.

Sr. Hema Kujur
Karuna Nilaya Convent, Gorubathan

Inspiring Minds, Celebrating Success

Past months were marked by a variety of activities at St. Joseph's High School, Matigara.

The Talent Search Contest provided students of Classes VI–XII with a platform to showcase their skills in art, music, sports and coding.



The school also celebrated the Silver Jubilee of Ms. Kalpana Selvam and bid farewell to Ms. Sharmistha Chakraborty.

At the AHCISCE Extempore Speech and Declamation Competition, Aastha Shree Pradhan and Kshitija Siddhanta secured the first and second positions respectively.

Devanshi of Class VII brought international glory to the school by securing first place in both Folk Dance and Rabindra Nritya at an International Dance Competition in Bangkok, Thailand, on 7th June. She was also honoured with the *International Thai Vdaya Kala Puraskar* for her Kathak performance.



The LTS Meeting and Guides' classes offered our students opportunities to develop leadership skills and gain practical training in knots and tripod-making.



Our students also excelled in the CISCE Zonal Games and Sports, securing notable achievements in Badminton, Table Tennis, Karate, Kho-Kho and Athletics, including championship titles, individual prizes, and several medals.

Van Mahotsav was celebrated from 20th to 24th July through an Awareness Assembly, Seed Ball Making, a Medicinal Herb Garden Display and a Nature Photography Competition. The activities encouraged students to appreciate nature and promote environmental conservation and sustainable living.

On 25th July, Dr. Arnab Roy and his team conducted a training programme for teachers on Competency-Based Education and Assessment.

Sr. Lucy Thaikattil
St. Joseph's Convent, Matigara

A Shelter of Healing & Hope for the Poor & Marginalized

Inspired by the words, *"Freely you have received, freely give,"* Jesu Ashram continues its mission of healing and service among the poor and marginalized.

On 5th July, Sr. Sanjita, along with two staff nurses, three students, Dr. Anand and Dr. Lieu, conducted a free health camp at Kheripara, Rajganj. The response was

overwhelming, with 159 patients receiving treatment within two hours. Another health camp was conducted at Gangaram Tea Garden on 12th July, with Sr. Jaya accompanying the staff, students and doctors.

In preparation for the Feast of St. Ignatius of Loyola, the community held a nine-day novena and joyfully celebrated Loyola Day on 31st July.

On 15th August, we celebrated the Solemnity of the Assumption of Our Lady and Independence Day with Mass, followed by the hoisting of the National Flag at the General and Leprosy Wards.

Our community was also blessed with the long-awaited visit of Sr. Pushpa Purathur and Sr. Mary Lepcha. Their presence brought great joy. The personal and community meetings reflected the warmth and closeness of a mother-and-daughter relationship. The visit of Sr. Pushpa was especially experienced as a grace-filled visitation.

Sr. Sanjita Barwa
Jesu Ashram Convent, Matigara

Faith, Family & Fellowship

As part of the year dedicated to the Family Apostolate, our community began visiting the families of our parish, praying together, sharing fellowship and listening to their stories.

The parish witnessed several joyful celebrations, including the First Holy Communion and Confirmation of 80 children and young people on 26th July, followed by the Youth Day celebration on 2nd August, attended by over 100 youths. Vianney Day was also celebrated on 4th August.

The school celebrated World Environment Day on 5th June, encouraging students to plant saplings and promote eco-friendly practices. The 80th Independence Day was also celebrated with great enthusiasm in the presence of the Honourable Secretary and Youth Commissioner of Siliguri as the Chief Guest.

A special grace-filled moment was the Canonical visitation of our Sr. Pushpa Purathur and Sr. Mary Lepcha. Their presence brought immense joy and blessings to our community and mission. They also met our Associates and encouraged them to live the spirit and charism of the Congregation by serving the weak and suffering humanity in their localities and workplaces.

Sr. Jyotsna Barla
Shanti Bhavan Convent, Pradhan Nagar

Season of Grace & Blessings

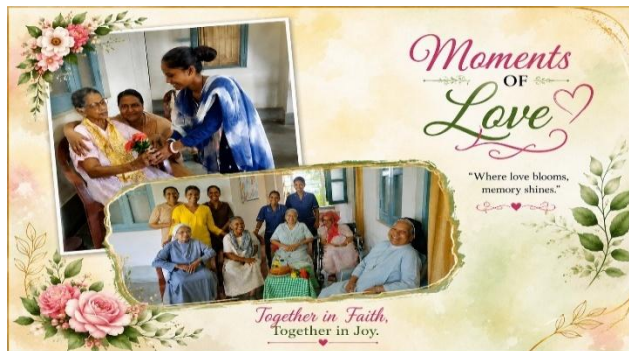
We thank God for the numerous blessings received in our community especially in the gift of our senior sisters, whose presence continues to enrich our lives.

- ✚ On 3rd June, we had the blessing of our convent and hostel by Fr. Shaji S.J.
- ✚ The World Environment Day was observed on 5th June by planting saplings at the Health Centre and the Hostel.
- ✚ On 21st June, International Yoga Day was celebrated. Young and old, patients and staff actively participated in the programme.

Along with physical well-being, spiritual nourishment remains essential for a healthy and meaningful life. Our sick sisters at the Health Centre made their annual retreat under the guidance of Fr. Shaji S.J.

A special blessing for our community was the Canonical Visitation. Presence of Sr. Pushpa

and Sr. Mary Lepcha brought us great joy and encouragement. On the Independence Day, Sr. Pushpa hoisted the National Flag at the Health Centre.



We also celebrated the feast days of Sr. Alphonsa and Sr. Rose at the Health Centre.

Sr. Anastacia Bilung
Daughters of the Cross Convent, Hatighisa

A Vibrant Mission of Growth, Grace & Achievement

Our students had various awareness programmes like use and abuse of social media, Human trafficking child marriage etc. The students won Subroto cup Zonal and cluster level. They were runners up in District level. Both Primary and High school had health checkups from the government.

We have regular meetings of Associates of the Cross.

We had the Canonical visitation on 19th and 20th August. It was indeed a grace filled time. We were renewed, inspired and enriched by the experience. Both Sr. Pushpa and Sr. Mary Lepcha were very happy to find the mission so vibrant active with so many girl students.

In the parish we had first Holy Communion and confirmation where about 100 children received them. Parish also celebrated Mahila Divas and Baba Divas with usual vigour and enthusiasm.

Sr. Beena Varghese
Our Lady of Good Counsel Convent,
Gayaganga

Milestones In Service & Care

The Navjeevan family organized a Marathon, in which the sisters, students and staff participated enthusiastically. Gold and silver medals were awarded to the winners.

A significant achievement for the Hospital was becoming the first Mission Hospital in West Bengal registered under the INFUZE Society.



Another milestone in Kidney Care was the establishment of an Advanced Dialysis Centre at Navjeevan Hospital, in association with NEFRON – Kidney Care. The centre was inaugurated on 17th August in the presence of Superior General Sr. Pushpa and Assistant General Sr. Mary Lepcha.

Embracing the spirit of the saying, **“Age is just a number, spirit is forever young,”** Navjeevan Hospital observed Senior Citizens’ Day on 20th and 21st August by organizing a free eye camp supported by the Lions Eye Hospital, Siliguri. Free spectacles were provided to those in need, benefiting more than 200 people.

Navjeevan Convent, Gayaganga

A Glimpse of our Journey, in NIAHE

International Nurses’ Day was celebrated with great enthusiasm. The programme highlighted the dedication, compassion and valuable service of nurses in promoting health and caring for people. It also inspired

our students to uphold the dignity and values of the nursing profession.



On 5th June, we marked the World Environment Day through a meaningful plantation drive. Students brought fruit-bearing saplings and planted them in different areas of the campus. The activity provided an opportunity for them to appreciate the value of nature and understand their role in caring for the environment.

The institution held an Oath-Taking and Farewell Celebration, with Rt. Rev. Bishop Paul Simick as the main celebrant of the Holy Mass. The ceremony emphasized the students’ professional commitment and ethical responsibilities, while the farewell conveyed blessings and best wishes to the out-going students for their future.

We also celebrated the Youth Skill Day to recognize the importance of skills and practical knowledge among young people. The programme encouraged our students to develop their abilities, confidence, creativity, and professional skills so that they can become responsible, we also conducted mock drill for students.

As part of our health activities, our students provided health education on breastfeeding at hospital Kharibari rural hospital government, sharing important information with mothers about the benefits of breastfeeding for the better health and development of babies.

Sr. Anusha Ramala
NavJyoti Convent, Dundajhar

A Grace-Filled Celebration of Freedom, Faith & Renewal

We celebrated the 80th Independence Day and the Feast of the Assumption of Our Mother Mary. Our hostel children actively participated in the school programme. We attended Holy Mass in our parish, along with students, teachers and parishioners. We had Adoration as part of our Day of Recollection, followed by Rosary with children. The celebration concluded with the distribution of sweets.

The Second Day of Recollection, on 16th August, continued with Holy Eucharist and Adoration, offering a grace-filled time of silence, surrender and renewal. The two days beautifully blended patriotism, devotion and interior renewal.



We also visited the families of some children, encouraging them to value and pursue education.

Sr. Punitha Alpin
Daughters of the Cross Convent, Jordighi

A Joyful Experience

My first experience at Raiganj, Goromtoli began with a warm welcome from the children with their joyful songs, innocent smiles and loving hearts.



The hostel accommodates about 160 children from Kindergarten to Class IV, mainly from nearby villages, while the school has around 400 students. As a community of four Sisters, we share in the mission of accompanying and serving them.

The Independence Day celebration, with march past, singing, dancing and meaningful speech, reflected the children's patriotism, unity and talents.

I am grateful to God for bringing me to Goromtoli, where I experience our vocation of being close to the people, especially children, and serving with love and joy. We continue our journey with gratitude and trust in God's providence: **"The Lord has done great things for us, and we are filled with joy."** (Psalm 126:3)

Sr. Jyoti Ekka
Daughters of the Cross Convent, Goromtoli

Touching Lives, Building Hope



Doctors' Day was celebrated by felicitating and acknowledging the dedicated service of doctors to humanity. The Hospital offered free OPD registration, while the Gideon International Team presented mementos to the doctors in appreciation.

Independence Day was celebrated through a marchpast, patriotic songs, dances and cultural performances. The hospital also offered a 20% discount on blood tests.

The Karuna Institute of Allied Health Sciences held the Oath-Taking Ceremony for its third batch, along with a farewell for outgoing students.

Fr. Shinto OCD, National Coordinator for the Catholic Mental Health Ministry, conducted a session on mental health for students and nursing staff.

International Indigenous Day was observed through a meaningful fashion parade showcasing diverse tribal cultural attire by the training-centre students.



The Karuna family joyfully welcomed Sr. Regi, Assistant General, whose one-day visit encouraged the community.

In the spirit of "reaching the unreached," outreach initiatives included medical and eye camps, health-awareness programmes and home visits, bringing care and support to the underprivileged.

A two-day training programme for the sisters, facilitated by Madam Gangotri Chakroborty, focused on Organisational Behaviour and Effective Communication.

Sr. Marina Thapa
Karuna Convent, Buniadpur

Growing Together in Grace, Joy & Learning



With immense gratitude and joy, we warmly welcomed Sr. Tabita Kujur to our community. Her presence has been a wonderful blessing, bringing happiness and a spirit of togetherness to our mission.

We were also blessed to welcome two new priests to Gosaba Parish.

At St. Joseph's Primary School, Gosaba, co-curricular activities continue to enrich the students' learning experience. Through Singing, Mathematics, Poetry, GK, dance, essay writing, speech and drawing competitions, students develop creativity, confidence, communication, teamwork, leadership and a sense of responsibility.



Conducted mainly on Fridays, these activities are eagerly awaited and enjoyed by the students, helping them discover their talents and preparing them for future academic life and responsible citizenship.

Sr. Basanti Lakra
Marie Therese Convent, Gosaba

A Journey of Faith and Service

As part of the Congregation's Family Year, the sisters have been visiting the families regularly and conduct Rosary in different villages. The Zonal Youth Programme was held on 16th July. Sisters actively participate in BCE and other prayer services in the Parish. Sr. Sanju continues to conduct catechism classes every Sunday for the parish children. We also warmly welcomed our new Parish Priest, Fr. Parimal Kanzi.



Environmental awareness and well-being were promoted through World Environment Day activities; a drawing competition,

plantation drive and the Aranya Saptaha Rally.

West Bengal Day was observed on 20th July, while an HPV vaccination awareness programme and International Yoga Day promoted health and well-being.

Patriotism was nurtured through the "Har Ghar Tiranga" rally on 13th August and the Independence Day celebration on 15th August, with flag hoisting, cultural performances and a football match.

The Primary School English Section fostered a nurturing environment through drawing, storytelling, recitation, singing and dance, helping children grow in confidence, creativity and teamwork.



Sr. Deepshika Rai
Little Flower Convent, Basanti

Joyful & Spiritually Enriching August

On 4th August, we were happy to welcome Sr. Cecilia Surin. Our joy was further enriched on 14th August when Sr. Regi Mathew and Sr. Catherine visited us and spent a few precious hours with us, bringing much happiness to us.

August also kept our parishioners spiritually engaged through the Novena to Our Lady. On 15th August, the Solemn Holy Eucharist was

followed by flag hoisting and the distribution of sweets among the parishioners.



Independence Day was celebrated with great enthusiasm at school. The programme began with flag hoisting, followed by patriotic songs, poetry, dances and a short drama on freedom fighters. Parents joyfully watched their children perform.

It was a memorable day of patriotism, joy, fellowship and gratitude, ending with the loving blessing of Our Lady.

Sr. Anne Joseph
Sacred Heart Convent, Baidyapur

Journey of Faith, Freedom & Togetherness

A Joyful Beginning of a New Journey:

On 1st June, twelve postulants entered the First Year of Novitiate in a grace-filled ceremony. The prayer service highlighted Jesus' words, ***"You did not choose me, but I chose you,"*** reminding the new novices their vocation is God's loving initiative. Presence of sisters from the Kolkata and Odisha, added more joy to the occasion. Sr. Catherine K., the provincial in her message encouraged the novices to remain faithful to God's call and grow in prayer, community life and the charism of the Congregation.

The Second-Year Novices welcomed the new members with a joyful dance and skit on religious vocation. The celebration concluded

with gratitude, fellowship and a meal shared as one family.

Celebrating Diversity, Faith and Freedom:

On 16th July, we celebrated the Cultural Day. The novices were divided into four groups representing Odisha, West Bengal, Uttar Pradesh and Chhattisgarh, showcasing their cultures through food, music, dance and skits. The day began with a multilingual prayer service and Holy Mass offered by Archbishop Emeritus Thomas D'Souza. Traditional food, instrumental music, a drawing competition and cultural presentations highlighted the creativity and talents of the novices and strengthened unity, teamwork, leadership and appreciation for diverse cultures.



On 15th August, we celebrated the Solemnity of the Assumption of the Blessed Virgin Mary and the 80th Independence Day of our Nation. A beautiful bilingual Eucharist enriched by multilingual hymns, made the liturgy prayerful and vibrant. Niharika, delivered an inspiring speech, followed by patriotic songs and a dance by all the novices. In the evening, a creative Rangoli activity using natural materials such as sand, charcoal, leaves, flowers and paper brought out the novices' artistic talents. The day became a memorable celebration of faith, freedom, creativity and community spirit.

Susmita Bilung & Aniska Kindo
Second-Year Novices,
Barasat

Celebrating Nature, Learning, Talent & Excellence



The Nature Club of St. Agnes' School, observed the World Environment Day on 5th June. Students visited nearby apartments, creating awareness among residents about using paper bags instead of polythene and maintaining hygiene. From 1st to 7th July, they celebrated Van Mahotsav through inter-school activities, tree planting, poster-making and slogan-writing competitions. They also actively participated in the cleanliness campaign organized by the Howrah Municipal Corporation.

The school celebrated Science Week in the second week of July, focusing on scientific discoveries, innovation and the importance of science in daily life. History Week helped the students appreciate India's rich heritage through special assemblies, historical exhibitions and skits. Language Week featured creative writing, vocabulary and language quizzes, tongue-twister challenges, word puzzles and a spelling bee.

International Tiger Day on 29th July promoted awareness about the endangered tiger through rallies, essay-writing and wildlife quizzes, along with a mask-making competition. A Bagless Day was also organized for Classes I–VIII, giving each class

an opportunity to showcase their talents before their parents through cultural programmes centred on family values and the art of parenting.

On 18th July, the Wellness Club conducted a social project at Howrah Children's Home. Students entertained the children with cultural programmes and games. They distributed gifts and food packets. The visit helped them appreciate their blessings of family and friendship.

On the Independence Day, Mrs. Cheryl Christopher, Chief Guest and Mrs. Juliana Jain, Guest of Honour, jointly hoisted the flag. The school expressed gratitude to Mrs. Cheryl for her dedicated service and acknowledged Mrs. Juliana for her 25 years of commitment to the institution as a teacher. The ISC and ICSE toppers and subject toppers of the 2025–26 academic year were honoured in the presence of their parents for their outstanding academic achievements.

Sr. Daisy Joseph
St. Agnes' Convent, Howrah



HUMILITY the characteristic virtue of the Congregation (Dir. Art. 2).

Let us delve into the Sacred Scripture to discover the virtue that Mother Marie Therese lived so profoundly and continues to inspire the Daughters of the Cross today. May this virtue, HUMILITY, become our spiritual DNA, shaping every Daughter of the Cross, irrespective of age, responsibility or office.

1. **James 4:7** - Submit yourselves therefor to God. Resist the devil, and he will flee from you.
2. **James 4:10** - Humble yourselves before the Lord, and he will exalt you.
3. **Phil. 2:3** - Do nothing from selfish ambition or conceit, but in humility regard others a better than yourselves.
4. **Rom. 12:3** - Do not think of yourself more highly than you ought to think.
5. **Prov. 11:2** - When Pride comes, then comes disgrace; but wisdom is with the humble.
6. **Prov. 22:4** - The reward for humility and fear of the Lord is riches and honour and life.
7. **1 Pet. 5:6** - Humble yourselves therefore under the mighty hand of God, so that he may exalt you in due time.
8. **Lk 14:11** - For all who exalt themselves will be humbled, and those who humble themselves will be exalted.
9. **Col 3:12** - As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience.
10. **Micah 6:8** - ... to do justice, and to love kindness, and to walk humbly with your God?

(More in the next edition ...)

Sr. Martina Beng
St. Agnes' Convent, Howrah

Caring Hearts, Joyful Lives

Caring for others, taking the risk of feeling with them and leaving a positive impact bring happiness and meaning to life.

At St. Catherine's Home, regular physiotherapy and physical exercise sessions help our senior citizens stay active and healthy. Dancing, singing and other recreational activities bring joy, strengthen togetherness and keep our community lively. We are grateful to our generous sponsors and well-wishers who share their happiness with our elderly. Visits of students from schools, colleges, nursing colleges and NGOs provide opportunities for meaningful interaction.

Listening to the stories and experiences of our residents helps the young learn to value, respect and care for their own parents and grandparents.



We celebrated the birthdays of Sr. Mary Sophie, Sr. Mary Rufina and our aunts Avreeta Singh, Mary Ann Creet and Lorraine Reeves. We also fondly remembered and prayed for our departed souls of aunts Philomina Gomes, Mira Ghosh, Nelly Bhowmick, Stella Lucas, Maxine Hatton and Sarah Gomes.

On 25th and 26th July, there was a seminar for ten years of finally professed sisters. Fr. Julian Sahayadas S.J. led sessions on refocusing on Christ, psychosocial integration and spirituality. Sr. Mary George reflected on the Evangelical Counsels. Sr. Regi Mathew also shared valuable insights on community life.

In collaboration with St. Xavier's College, we also organized a session on the Legal Rights of the Elderly, conducted by Advocate Sonali Panda. It enhanced awareness of the dignity, rights, protection and legal safeguards of senior citizens.

Sr. Dibya Bara
St. Catherine's Home, Kidderpore

Silver Jubilee of Grace & Faith

Celebrating twenty-five years of religious Jubilee is a sacred milestone which reflects a lifetime of grace and an enduring "forever

yes" to a consecrated vocation. In a spirit of gratitude and reverence, the 25th anniversary of the religious profession of our Sisters Anjeli Rita Soreng and Manju Dungdung was celebrated at St. Vincent's Home on 7th July.

Eucharist was celebrated by our Parish priest Rev. Fr. Anthony Patrick Paul. In his homily father highlighted the lives of Sisters Manju and Anjeli Rita as inspiring examples of faith, dedication and selfless service to God. Prayers were offered for the continued strength and spiritual growth of Sisters. The celebration ended with the fellowship meal.

We were deeply blessed to welcome our dear sisters who recently visited us from Rome and Liege—Sr. Jacinta Mattathinkara, Sr. Rose Joseph and Sr. Regi Mathew. Their presence brought joy and abundant blessings to our community. We thank God for the gift of our sisters and their mission.



The long-awaited day finally dawned on 2nd September, when we welcomed Sr. Pushpa, Superior General, and Sr. Mary, General Councillor, to St. Vincent's Home. We thank God for this grace-filled encounter and pray that their visit to our communities deepen our communion and inspire us to live our charism with greater joy and fidelity.

Sr. Sampa Dhara
St. Vincent's Home, Kidderpore

St. Paul's Boarding & Day School

At St. Paul's Boarding & Day School, education extends far beyond the classroom. Over the last three months, our extensive calendar of inter and intra-school activities has empowered students to recognize and embrace their true potential, hone their unique talents, and channel their energy productively. By stepping out of their comfort zones, our students have grown into resilient, self-assured, and confident individuals equipped for future success.

Through healthy competition and collaboration, Paulites have developed not just academic and extracurricular skills, but the strength of character and confidence needed to thrive in the wider world.

Alongside these competitions, students engaged in targeted seminars and hands-on project work. These initiatives bridged the gap between theory and practice, enabling them to grasp complex academic concepts more deeply and at an accelerated pace.



Our teachers also participated in an enriching professional development seminar conducted by Dr. Soubhagya L. Dutta, an esteemed academican, psychologist research associate, and learning and training developer. The session offered profound insights into the psychology and mindset of modern learners. By equipping our faculty with strategies rooted in patience, sensitivity, and a deep understanding of individual student needs, this seminar has significantly strengthened the vital teacher-student bond in today's time.

Sr. Rajni Prisca Kerketta
St. Vincent's Home, Kidderpore

Joy in Simple Lives

I find great happiness in visiting families on Sundays and Wednesdays. Listening to their struggles often makes me sad, yet I assure them of my prayers and encourage them to remain hopeful for better opportunities.

Many families live in extremely small rooms, where cooking, sleeping, and daily activities all take place within a very limited space. Some even share a single outdoor tap for bathing. Despite these hardships, they remain cheerful and grateful.

One such person is Mrs. Rose Mary Anthony, lovingly called Rosy Aunty. About ten years ago, an accident left one of her legs shorter, making it difficult for her to walk. Widowed and living alone, she manages her small room, cooking, and daily needs with remarkable courage. Her son, who works in Nepal, supports her and visits her during Christmas.

Whenever I visit, Rosy Aunty welcomes me joyfully and always asks me to come again. Once, when I asked her if she was afraid to live alone, she simply replied, "Jesus and Our Lady are with me, so I am not frightened."

Her words, and the lives of the families

I visit, remind me that true happiness does not depend on comfort, but on faith, courage, gratitude, and hope. Their simple lives continue to inspire me deeply.



Sr. Teresa Ann
St. Vincent's Home, Kidderpore

Great is the Lord, and greatly to be praised his greatness is uncountable!



Twenty-five years of journeying with the Daughters of the Cross have been a journey of grace, love and God's unfailing faithfulness. As we celebrate this precious milestone, our hearts are filled with gratitude for the many blessings, joyful moments, challenges and experiences through which God has shaped our lives.

Throughout these years, the Lord has been our constant companion, sustaining us and strengthening us in our vocation. We gratefully acknowledge the love, guidance, prayers and support of our Superiors, formators and Sisters, and thank the

Congregation for accompanying us on this journey. We lovingly remember our families for their sacrifices, prayers and unwavering support, and gratefully thank our relatives, friends and all who have been instruments of God's love in our lives.

These twenty-five years have taught us to trust more deeply, give more generously and remain faithful amidst every challenge. With grateful hearts, we renew our "Yes" to the Lord, asking for the grace to continue serving Him and His people with joy, love and dedication.

Sr. Manju Dungdung
St. Vincent's Home, Kidderpore

A Mountain of Grace at Godavari Ashram

Some journeys begin with a destination; others begin in the heart!



For the Calcutta Province, the journey to Godavari began months in advance with prayer and preparation. The long-awaited moment arrived as we had the privilege of hosting the Asian Meeting of our Congregation, bringing together the four Asian Provinces—Pakistan, Bombay, Calcutta and Rourkela.

On 4th August, the serene Godavari Ashram, Kathmandu, Nepal, welcomed twenty-nine sisters; the Provincial Teams and Novice Directresses of the four Provinces, together with the Superior General, General Council and Bursar General. From 5th to 10th August, Godavari Ashram provided a fitting setting for reflection, sharing and discerning new ways of strengthening leadership for mission.

Our resource person, Sr. Sujita SND, guided us through the theme, *"Rooted in the Charism, Journeying in Communion: Revitalizing*

Leadership for Mission." Her sessions invited us to reflect on the leadership style of Jesus and to lead with humility, compassion and a spirit of service. Prayer, reflection and sharing helped us rediscover our charism and explore new perspectives on leadership, collaboration and mission.

The days were filled with fraternity, openness and joyful interaction, strengthening our bonds across the four Provinces. We returned with renewed enthusiasm, deeper insights and a stronger sense of our shared mission, rooted in our charism and committed to journeying forward together.

Glimpses of Grace:

Moments from the Canonical Visitation



Maheshpur



Navjeevan



Novitiate



Pradhan Nagar



Jesu Ashram



Basanti



OLGC Gayaganga



Gosaba



St. Helen's



Hatighisa



SJC Kurseong



Gorubathan



SJC Matigara



Rangjuli



Hatigopa



Tulachan



Diphu



Mamring



Howrah



Dundajhar



Buniadpur



Goromtoli



Jordighi



St. Catherine's Home



Baidyapur



Jorethang



Asian Meeting at Kathmandu



Seminar of 10 years' Finally Professed



Happy Feast to all!